
In the Claims

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended) ~~An oral or~~ A topical composition comprising:
 - a. Lotus seed extract;
 - b. Lotus flower extract; and
 - c. a compatible vehicle for oral or topical application.

2. (Currently amended) ~~An oral or~~ A topical composition comprising:
 - a. an extract of the a seed of plant material selected from the group consisting of the a Yellow Lotus (*Nelumbo lutea*), the a Blue Lotus (*Nelumbo caerulea*) and the a Sacred Lotus (*Nelumbo nucifera*);
 - b. an extract of a flower of plant material selected from the group consisting of a Yellow Lotus (*Nelumbo lutea*), a Blue Lotus (*Nelumbo caerulea*) and a Sacred Lotus (*Nelumbo nucifera*);
 - bc. one or more methyl donors; and
 - ed. a compatible vehicle for oral or topical application.

3. (Currently amended) The ~~oral or~~ topical composition of claim 2 wherein said one or more methyl donors are selected from the group consisting of methionine, betain, dimethylglycine S-adenosyl-L-methionine, polyenyphosphatidylcholine, phosphatidylserine, phosphatidyl choline (lecithin), glycerylphosphoryl choline, and choline.

4. (Currently amended) The ~~oral or~~ topical composition of claim 3 further comprising one or more vitamins.

5. (Currently amended) The ~~oral or~~ topical composition of claim 3 further comprising one or more minerals.

6. (Currently amended) The ~~oral or~~ topical composition of claim 3 further comprising

one or more antioxidants.

7. (Currently amended) The ~~oral~~ or topical composition of claim 3 further comprising one or more amino acids.

8. (Currently amended) The ~~oral~~ or topical composition of claim 3 further comprising one or more hormones.

9. (Currently amended) An ~~The~~ The ~~oral~~ or topical composition of claim 3 further comprising:

- a. L-isoaspartyl methyltransferase;
- b. one or more methyl donors; and
- c. a compatible vehicle for oral or topical application.

10. (Currently amended) The ~~oral~~ or topical composition of claim 9 wherein said one or more methyl donors are selected from the group consisting of methionine, betain, dimethylglycine S-adenosyl-L-methionine, polyenylphosphatidylcholine, phosphatidylserine, phosphatidyl choline (lecithin), glycerylphosphoryl choline, and choline.

11. (Currently amended) The ~~oral~~ or topical composition of claim 9 further comprising one or more vitamins.

12. (Currently amended) The ~~oral~~ or topical composition of claim 9 further comprising one or more minerals.

13. (Currently amended) The ~~oral~~ or topical composition of claim 9 further comprising one or more antioxidants.

14. (Currently amended) The ~~oral~~ or topical composition of claim 9 further comprising one or more amino acids.

15. (Currently amended) The ~~oral~~ or topical composition of claim 9 further comprising one or more hormones.